



## **NEWS**

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# **Herger Helps Call Attention to Medicare's Preventive Care Benefits**

**(CHICO, CA) -- A representative from Congressman Herger's office today attended an event in Chico that raised awareness of Medicare's preventive health benefits. The event was part of the Department of Health and Human Services (HHS) and the Centers on Medicare and Medicaid Services (CMS) "A Healthier US Starts Here" campaign, which is aimed at encouraging seniors across the nation to take advantage of Medicare's preventive care services. Herger issued the following statement regarding the initiative:**

"It's very important for senior citizens to be aware of the many preventive health benefits provided through Medicare," Herger stated. "Preventive care can help seniors lead healthier lives and significantly reduce the chances of serious health problems down the road. Seniors can also save substantial money by avoiding lengthy hospitalization and other high-cost procedures associated with chronic diseases. I applaud the Chico HICAP and other local health care leaders for assisting in this important outreach, and I encourage seniors in Northern California to take advantage of the potentially life-saving preventive care services available to them through Medicare."

Some of the preventive benefits covered by Medicare include flu and pneumonia vaccines, cardiovascular screenings, cancer tests, bone mass measurement, diabetes monitoring supplies and management training, and smoking cessation counseling. For a complete list, visit [www.cms.hhs.gov](http://www.cms.hhs.gov) or call 1-800-MEDICARE. Seniors can also receive personalized information about their benefits by signing up at [www.mymedicare.gov](http://www.mymedicare.gov).

***For more information, please visit <http://www.house.gov/herger> on the Internet!***